



Self Advocates in Leadership

# SAIL UPDATE

February 2013

Grab your BLUE SCARF and Join Us for the Independent Living Day Rally! March 6, 2013

## Progress on a Plan for the Ellensburg Pre-Conference

The group worked on the basic topics to cover in a pre-conference workshop. Topics to be explored will include a discussion of the values of the civil rights movement and the true measures we can use to determine success. Through interactive exercises, we will also, begin a conversation about how our state might move to a self-directed system and how this could empower people with developmental disabilities. Our time in the future will be devoted to nailing down particular details. Thanks!

## SAIL TACKLES SOME VALUES QUESTIONS!

The group had a very lively discussion, they answered these questions:

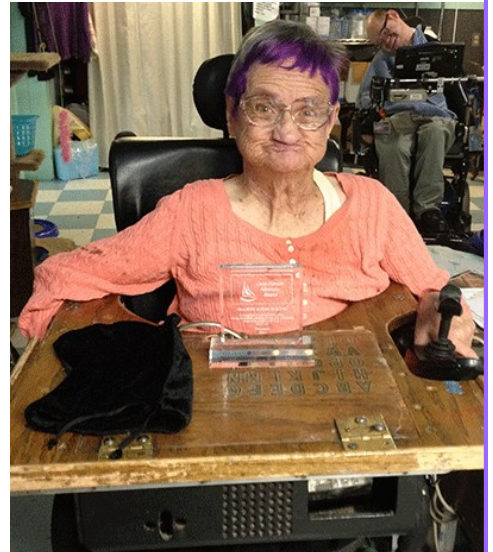
What is Self Determination?

What is power?

What does Choice mean?

If these questions are interesting to you please call Emily so that she can record your answers. We are trying to collect as many responses as possible. Thanks!

Sharon Jodock-King was the latest recipient of the Chris Purnell Advocacy Award. Shawn Latham brought the award to her a few weeks back! This is a picture he got of Sharon and her award. Thanks a million Sharon and congratulations!



The group spent time talking about the upcoming Advocacy Day Dates. You can find a complete list on the back of this page.



## A Note from the Chair



February 2013

Hello! You really need to advocate for what you believe in! There is great strength in numbers, we are powerful! Hope to see you down in Olympia for the Independent Living Day Rally!!

Sincerely, Corinna Fale, Chair of SAIL

## A NEW WAY TO GET THE NEWSLETTER

Recently there have been more requests to receive the SAIL Newsletter by e-mail. If you would like to be added to the list please let Emily know. The newsletter is in PDF format, please be sure your computer can accept those documents. Also be sure you know your e-mail address so that Emily can get it down correctly. Thank you!

## The Independent Living Day Rally is Just Around the Corner!

Eric Matthes is the person chosen to represent SAIL in the Independent Living Day Rally. During the last meeting, Eric practiced his speech to make sure he is ready to speak it loud and proud! Don't forget your blue scarves for the rally! You also might want to grab an umbrella on your way out, we never know what the weather will do! Now is the time to check in with your legislators and see if you can make an appointment to see them while you are down here in Olympia!

## Advocacy Day is in Full Swing Now! Come and Advocate for What is Important to You!

- |          |                              |
|----------|------------------------------|
| March 6  | Independent Living Day Rally |
| March 13 | Budget Review                |
| March 20 | Respite/Family Services      |
| March 27 | Behavior Supports            |
| April 3  | Healthcare                   |
| April 10 | Civil Rights                 |
| April 17 | Session Wrap Up              |
| April 28 | (Last Day of Session)        |



**Make  
Appointments!**